

P.A.N.D.A. Newsletter January 2011

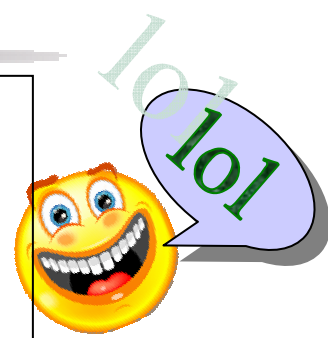


March 4th-6th, 2011 –
3-day camp at
Muskingum
May 13th –Mini-1 camp

CAMP UPDATES:
Next Camp: March 4-6th 3 day Camp
Where: Camp Muskingum
Be Prepared!!!! It's going be great!!



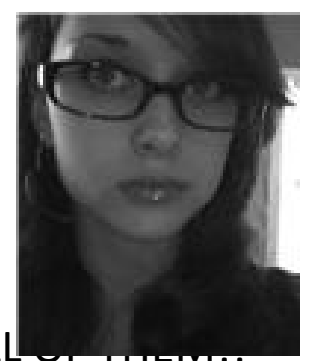
JOKE OF THE MONTH!! ☺
What kind of car does Mickey Mouse's wife drive?
A minnie van!



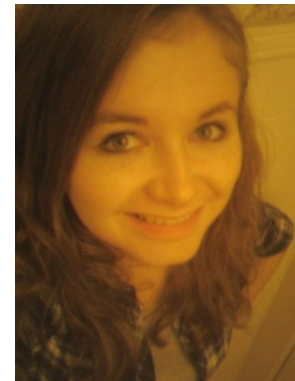
You All did an Awesome Job with the Harry London Chocolates Fundraiser we raised a ton of money!



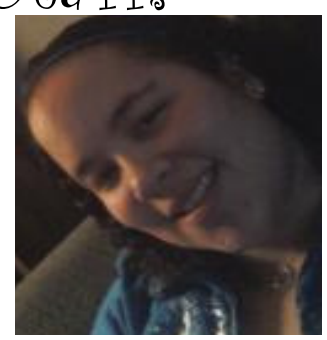
Spotlight on Y-Staff!
Name: Brooke:
Fav. Sport/ Hobby: Painting
Fav. Food: stuffed cabbage
Fav. P.A.N.D.A. memory: ALL OF THEM.



Spotlight on Y-Staff!
Name: Sara
Fav. Sport/Hobby: Tennis
Fav. Food: Rigatoni
Fav. P.A.N.D.A. memory: EVERYONE IS THE BEST



Spotlight on Y-Staff!
Name: Leanna
Fav. Sport/ Hobby: basketball
Fav. Food: Watermelon
Fav. P.A.N.D.A. memory: when a camper & friend took a opened nutty bar and stuck it under her sheet and she ended up sleeping on it for most of the night.



Words for Thought

Over the years the reasons of deaths have increased as the human nature has evolved with discovery, technology and resources. Back two hundred years ago Car Crashes never happened now a-days you hear about the 16 year old junior that was charged with a dui and 2nd degree murder because he had a 1.7 alcohol level and was recklessly driving on the highway at 11pm. In recent studies we have found the top 13 causes of death in the United States. The chart below explains the deaths we have occurring around us everyday.

#	Cause	Average #
1	Tobacco	435,000
2	Poor diet and Physical Inactivity	365,000
3	Alcohol	85,000
4	Microbial Agents	75,000
5	Toxic Agents	55,000
6	Motor Vehicle Crashes	26,347
7	Adverse Reactions to Prescription Drugs	32,000
8	Suicide	30,622
9	Incidents w/ Firearms	29,000
10	Homicide	20,308
11	Sexual Behaviors	20,000
12	Illicit Use of Drugs	17,000
13	Anti-inflammatory Drugs	7,600

So as you can see the causes of death have changed dramatically over the years. People have an easier access to drugs for the wrong use those numbers are extremely high. So as a thought think about what you're going to do before you do it. We all want those statistics to be lowered in quantity! <http://drugwarfacts.org/cms/?q=node/30>

Did you know?...

As of 2006 the leading cause of death in the U.S. is tobacco at around 425,000 and 2nd is Poor diet and exercise at 365,000.

Nearly half of all Americans over the age of 12 are consumers of alcohol.

RANDOM FACT

The human brain is about 80% water!

Snapple.com

Quote of the month!

If you do not look at things on a large scale, it will be difficult to master strategy.

- Miyamoto Mursashi

Monthly Brain Buster:

A man left home running. He ran a ways then turned left, ran the same distance and turned left again, ran the same distance and turned left again. When he got home there were 2 masked men who were they?

The catcher and the umpire

Community Health Center
725 E. Market St.
Akron, Ohio 44305
www.commhealthcenter.org
www.projectpanda.com

Project P.A.N.D.A. is a program
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Summit County

